

Come trick-or-treating

A SAFE ENVIRONMENT FOR YOUR KIDDOS



While we're not going to have an event like we have in past years, our doors will be open for patients and their families who want to stop by the PHS office between 2:00 and 4:00 p.m. Your kiddos are welcome to come show off their costumes and trick-or-treat in a safe environment.

We hope to see you!

Play therapy at PHS

OPENINGS ARE AVAILABLE RIGHT NOW

Whether it comes from having medical procedures done or other life events, many



children encounter feelings of anxiety or stress that they have a hard time expressing appropriately. Play therapy can be a great way for children to put words to their feelings.

If you think your child could benefit from this service, contact our clinical social worker at 651-642-1825.



2800 Cleveland Avenue North
Roseville, MN 55113



Be sure to visit the Thrive blog at
[PediatricHomeService.com/blog](https://www.PediatricHomeService.com/blog)

INSIDE THIS ISSUE

Keeping up with Aine

PLUS:

Lynn helps keep patients infection free,
Why we're training first responders, and
Researching medical cannabis



Thriving at Home

AINE KARATE CHOPS A POOR PROGNOSIS



Aine with her brother, Liam, after winning karate awards

When Nicole found out at her 10 week ultrasound that her daughter, Aine, had a cystic hygroma, tetralogy of fallot, and DiGeorge syndrome, she was told not to expect her to make it through the pregnancy.

Once she did, she was told Aine would likely not make it through birth. And once she was born, chances of respiratory failure and

seizures were high due to the status of her lungs.

Today, Aine is a spunky four year old who enjoys reading books, going horseback riding on her therapy horse Belle, and doing karate – constantly making strides no one could have predicted.

“I look at her and can’t believe how she’s progressed leaps and bounds,” said Nicole. “She came home with an open chest and open sternum – but now, her care is just our new norm. It’s just what we know.”

To meet Aine, search keywords *Aine Thrives*



Lynn Buchholz, RN, ANCC, CRNI

Meet Lynn Buchholz BRINGING INFUSION CARE HOME

Nurses take care of patients in many settings– hospital, clinic, or home – and in her 30-plus years in the profession, Lynn has experienced them all. But where she has found the most impact is administering infusions in a child’s home, where they’re comfortable and familiar with “their nurse.”

“You have a routine of where they sit and what they do,” says Lynn. “The nurse almost becomes a member of the family - it’s just an everyday occurrence. It’s a relief for the parent, and for the child too.”

Lynn tries to make the experience as enjoyable as possible for the kiddo while reminding caregivers they have the support of an entire clinical team - a win for everyone.

To learn more about Lynn, search keywords: *Lynn Buchholz*



Bruce Estrem, Manager of Clinical Education, leads training

Training EMS Personnel RESPONDING TO OUR POPULATION

Last month, PHS welcomed two Hennepin County EMS personnel to our office for an afternoon of training on caring for children with tracheostomies and/or central lines.

This information will be taken back to more than 700 responders in Hennepin County where EMS trainer, Erin, will ensure each first responder is knowledgeable in these cares, should they encounter one of these situations.

We also learned a few interesting tidbits – **did you know** Hennepin County is working on a system that will allow families to alert EMS of any special medical needs in the home when they’re called?

Learn more about these alerts and how we’re training EMS personnel by searching keyword: *Responders*



Roy Maynard, MD

Message from Our Medical Director

MEDICAL CANNABIS RESEARCH

There is some evidence that medical cannabis may ameliorate nausea, vomiting and chronic pain conditions in adults. However, any potential benefit from medical cannabis for pediatric patients remains less clear and is mostly anecdotal.

Medical marijuana and cannabis oil are considered schedule 1 drugs, meaning there is currently no accepted medical use for treatment in the US.

However, there are currently formal research trials ongoing to assess the risk/benefit of medical cannabis in children with seizures and other disorders - hopefully these studies will shed further light on which children may benefit from this drug.

To learn more about medical cannabis, search keyword: *Cannabis*

Pediatric Home Service can serve you **24 hours a day, 365 days a year.**
Call **651-642-1825** or visit **PediatricHomeService.com.**