

Travel Checklist

Complete and take the following information with you when you travel with your child.

Page 1

Emergency Information

Page 2

- Air Travel
- Supplies

Page 3-4

Equipment

Page 5

Medicine

Emergency Information

This information needs to be quickly available in case your child has a medical emergency.

1. **A copy of the Doctor's Plan of Treatment for your child.** Ask your child's doctor for a copy if you do not have one.
2. **Statement of Medical Necessity (SMN) signed by your child's doctor.** Ask your PHS clinician for a copy.
3. **Your Child's Doctor(s)**

_____	_____	_____	_____
Name	Phone Number	Name	Phone Number
_____	_____	_____	_____
Name	Phone Number	Name	Phone Number

4. **Local Medical Resources in Area You Are Visiting**

Nearest Hospital

Name _____ Phone Number _____
Address _____

Provider of Home Medical Equipment for Children

Name _____ Phone Number _____
Address _____

Provider of Oxygen

Name _____ Phone Number _____
Address _____

Pharmacy (consider finding a 24-hour pharmacy)

Name _____ Phone Number _____
Address _____

Air Travel

- 1. Call the airline** about your child's medical support needs *before* you buy a plane ticket.
 - Identify the type of equipment your child needs to use during the flight.
 - Describe emergency back-up equipment or supplies you must have in the plane's cabin.
 - Ask if airline provides oxygen tanks. Identify how much oxygen your child needs for the flight and possible flight delays. You must pay the airline for use of these oxygen tanks.
- 2. Know the airline's rules.**

Each airline has separate rules about medical support equipment and supplies. For example, the airline may require that:

 - You have a signed doctor's order to use medical equipment or supplies during a flight.
 - Your child's doctor sign the airline's own Physician Statement.
 - Your child's equipment and supplies meet size and space requirements.
 - You provide manufacturer manuals to assure the airline that equipment is safe to use during flight. Contact PHS if you cannot find a manufacturer manual.
 - You use only a portable oxygen concentrator for oxygen therapy on the plane.
 - All prescription medicine must be in the original container with pharmacy label attached.
 - Wheelchairs remain at the gate and are loaded into cargo storage area of airplane.
- 3. Know where to find electrical outlets.**
 - Contact the airport terminals where you are departing and arriving to find out where electric outlets are located for your child's equipment.

Supplies

Use your child's PHS Supply Form to identify supplies your child **MUST** have during your travels.

IMPORTANT! Include in the baggage you keep with you the medicine, supplements, formula and supplies your child uses in a 24 hour period.

Shipping Supplies

1. Pack and bring needed supplies with you OR
2. Ship supplies yourself to where you will be staying.

Equipment

We strongly recommend that you have back-up equipment available where you will be staying.

1. Pack and bring back-up equipment with you OR
2. Ship back-up equipment yourself OR
3. Contact medical supply companies where you will be staying, *before* you leave home, to make sure they can provide the equipment you need.
 - Ask if the company serves children. Most home care and medical equipment companies serve only adults.
 - Contact a local hospital where you will be staying to learn the names of medical supply companies if you cannot find them.
 - You are responsible for paying for equipment or supplies you rent or purchase in the area you are visiting. PHS can NOT bill your child's insurance for equipment or supplies you receive from another medical supply company.

Use this checklist to remember the equipment you must carry with you and the equipment you must arrange to have available where you will be staying.

NOTE! Use your child's PHS *Supply Form* to identify supplies you MUST have for the equipment listed below.

Apnea Monitor

- Apnea monitor, patient cable, and AC power cord
- Back-up apnea monitor, patient cable, and AC power cord

CO2 Monitor (Capnograph)

- CO2 monitor
- Back-up CO2 monitor

CoughAssist

- CoughAssist machine
- Back-up CoughAssist machine

Emergency Supplies

- Emergency bag (fully stocked)
- Resuscitation bag and mask

Feeding Equipment

- Food pump and AC power cord
- Back-up food pump and AC power cord
- Gravity feeding bags
- Back-up feeding tube

Fisher & Paykel Humidifier

- Humidifier
- Back-up humidifier
- 2 Temp probes
- 2 Pigtails

IV Equipment

- IV pump
- Back-up IV pump
- Emergency kit

Neb (Nebulizer)

- Neb machine
- Back-up neb machine

Equipment [continued]

Oximeter

- Oximeter
- Back-up oximeter

Oxygen

- Oxygen tanks (not allowed on airplanes)
- Oxygen regulators, wrench, washers, carrying bag or cart
- Oxygen concentrator
- SeQual oxygen concentrator (if traveling by airplane)

NOTE! You are responsible for paying for oxygen tanks and oxygen supplies you rent or purchase in the area you are visiting. PHS can NOT bill your child's insurance for equipment or supplies you receive from another medical supply company.

Percussor

- Percussor
- Palm cups

Suction

- Portable suction machine with AC power cord and DC power cord
- Stationary suction machine
- DeLee suction catheters

Ventilator/CPAP/BiLevel/Compressor

- Machine and AC power cord
- Back-up machine and AC power cord
- DC power cord and battery adapter cable
- External batteries
- Battery charger
- Test lung

Vest

- Vest machine and vest
- Back-up percussor or palm cups

Other

- Airway pressure monitor
- Batteries (AA, 9 Volt)
- _____
- _____
- _____

Medicine

Carry a list of ALL medicine and supplements your child takes.

You need this in case your child goes to the emergency room or hospital, or in case you or the airline lose the medicine or supplements.

Include:

- Medicine and supplement name, dose and how often to give for medicine and supplements your child regularly takes or takes only as needed (PRN).

Use this checklist to help you remember the medicine, supplements and supplies to bring with you. **NOTE!** your child may need medicines not included on this checklist.

IMPORTANT! Include in the baggage you keep with you the medicine, supplements, formula and supplies your child uses in a 24 hour period.

Bladder and Bowel Flushes

- _____
- _____
- _____

By Mouth (Oral)

- _____
- _____
- _____
- _____
- _____
- _____

Emergency Drugs (Example: EpiPen, Diastat)

- _____
- _____
- _____

Feeding Tube (Enteral)

- _____
- _____
- _____
- _____
- _____
- _____

IV (Intravenous)

- IV Flushes (Saline, Heparin, etc.)
- _____
- _____

Neb (Nebulizer)

- _____
- _____
- _____

Skin (Topical)

- _____
- _____
- _____

Supplies

- Syringes and Caps
- Q-Tips
- Med Cups
- Dressings (bandages and tape)
- _____
- _____
- _____