

Trick-or-treat with us

COME TO THE PHS OFFICE ON OCTOBER 28



Just like last year, our doors will be open for patients and their families who want to stop by the PHS office on Friday, October 28th between 1 and 4 p.m.

Your kiddos are welcome to come show off their costumes and do some trick-or-treating in a safe environment!

Let us know you're coming to the office by **RSVPing to our event at [Facebook.com/PediatricHomeService](https://www.facebook.com/PediatricHomeService)**

Changes to enteral connectors

WHAT TO EXPECT WITH TRANSITIONS



Manufacturers have been changing connector ends on feeding tube supplies to increase safety for patients, but PHS understands the difficulty families can experience as a result of this

transition. To keep you as up to date as possible on the changes, we are maintaining a page on our website with the latest information and timelines.

Find more information on ENFit connectors at [PediatricHomeService.com/changes-to-enteral-connectors](https://www.PediatricHomeService.com/changes-to-enteral-connectors)



2800 Cleveland Avenue North
Roseville, MN 55113



Be sure to visit the Thrive blog at [PediatricHomeService.com/blog](https://www.PediatricHomeService.com/blog)

INSIDE THIS ISSUE

Charlotte checks a marathon off her joy list

PLUS:

Fighting bullying through education, Come trick-or-treat with us on October 28, and a video from our Medical Director



Thriving at Home

CHARLOTTE AND HER MOM TAKE ON A MARATHON



Shortly after Charlotte was born and diagnosed with a severe form of epilepsy, her parents made a joy list for her as a

way of making sure she would have as full and happy of a life as possible.

“So we made a joy list, and then we asked friends and families to send in moments they wanted her to experience,” said Tracy,

Charlotte’s mom. “Some are really simple, like playing with pudding, and some are more complex – like travelling to Hawaii.”

Number 46 on the list is to run a marathon. And this fall, Charlotte will cross that item off as she is pushed along a course by a runner from My Team Triumph. With some of her daughter’s biggest fans, Tracy will participate as well, all while raising awareness and funds for the SCN2A Foundation.

To learn more about Charlotte, visit PediatricHomeService.com/blog/charlotte-thrives



Bullying at school **ADDRESSING THE PROBLEM** **THROUGH EDUCATION**

Bullying in schools should be taken very seriously by school administration, parents, and students alike.

By teaching children from a young age that it is unacceptable to treat anyone poorly regardless of how they look or act and that it is important to tell an adult if someone is being bullied, our schools can be safe spaces for learning.

Bullying, in its many forms, is an especially pervasive issue that leaves a lasting impact – and unfortunately, children with disabilities are two to three times more likely to be bullied than other students.¹

Thankfully with the right resources and tools, bullying can be addressed and prevented in schools.

Find more resources and discussion at: PediatricHomeService.com/blog/bullying-in-school

1. Disabilities: Insights from Across Fields and Around the World. Marshall, Kendall, Banks & Gover (Eds.), 2009

Online ordering improves **CHECK OUT OUR RECENT UPDATES**

We are always listening to feedback and suggestions from our families, whether it relates to the care you’re receiving or how we can improve the way we do business - and our online ordering system, which launched over six months ago, is no exception.

We’ve heard you have loved being able to order your supplies online day or night, and can also order PHS pharmacy products in the same place - but there are some brand new updates to the website we wanted you to know about.

Now you can:

- Save the items in your cart for future access
- Add monthly email reminders to place orders
- View your order in your email

To learn about more of our latest updates or get started with online ordering, visit: PediatricHomeService.com/blog/online-ordering-updates

Message from our **Medical Director**

PROTECT THOSE AROUND YOU

In 1900, the number one cause of death in Minneapolis was typhoid fever, and the average life expectancy was 48 years old - today the average expectancy is 78 years and typhoid fever is nowhere to be found, thanks to vaccinations that eradicated the disease.

But in today’s world, when diseases - including those that are vaccine-preventable - break out anywhere, their spread to the United States is only a plane flight away.

Much of our patient population cannot receive vaccinations due to their weakened immune systems, and as a result rely on herd immunity to keep them safe from otherwise-avoidable diseases. By receiving your flu vaccine this fall and additional vaccines as you’re due for them, you are helping to protect those around you as well as yourself.

To hear Dr. Maynard speak on events in population health, visit PediatricHomeService.com/blog/maynard-vaccinations

Pediatric Home Service can serve you **24 hours a day, 365 days a year.**
Call **651-642-1825** or visit **PediatricHomeService.com**.