

Play Therapy Is For Siblings Too

HOW COUNSELING AT PHS HELPED SOPHIE



Having a sibling who requires round-the-clock medical care can be a lot for a child to understand. This is exactly why Tracy enrolled her daughter, Sophie, in play therapy at PHS - to help give her five year old support as she processes the complex life her two-and-a-half year old sister, Charlotte, lived.

"We wanted to make sure Sophie had an outlet and a way to express her emotions regarding Charlotte," said Tracy.

Learn more about Sophie's experience and how play therapy can help children at: PediatricHomeService.com/blog/play-therapy-helps-children-cope

PHS Named #2 Midsize Workplace

ALSO TAKES HOME THE MANAGEMENT AWARD



Last month, PHS was honored to learn we were ranked the #2 midsize workplace in Minnesota through the Star Tribune Top 150 Workplaces - an annual poll that surveys employees at companies across the state.

In addition to this list, the newspaper also hands out 12 special awards to companies whose employees gave especially high marks in certain areas. PHS was given the Management Award - a reflection of the work our leaders do to help employees learn, grow, and do their job as well as possible.

See the complete list and watch our management video at: PediatricHomeService.com/blog/top-workplaces-2017



2800 Cleveland Avenue North
Roseville, MN 55113



Be sure to visit the Thrive blog at PediatricHomeService.com/blog

SEE THE WINNERS!

20  17

TOP SPOTS

WHERE FAMILIES WITH SPECIAL NEEDS Thrive



Thriving at Home

TPN HELPS HANNAH LIVE LIFE AS A REGULAR TEENAGER



Cover Story

After being diagnosed with Hirschsprung's disease as a newborn, Hannah required 24 hour nursing care to manage

her complexities with frequent line infections and electrolyte imbalances.

Today, this social 16 year old is able to spend her time doing a lot of the same things her peers do - whether it's high school

football games or days out on a boat, nutrition care from PHS dietitian Maria Mahady helps Hannah's body receive the nutrients it needs.

"Between oral eating, tube feedings, and TPN, she needs many more calories than the average person because of malabsorption - and we are regularly evaluating that Hannah's needs are being met in her current care plan," said Maria.

Hannah looks forward to becoming more self-sufficient in managing her cares, and is already involved in changing her bag, taking medication, and having control of more of her medical needs overall - a testament to the capabilities and maturity of this teenager.

Read Hannah's story at: PediatricHomeService.com/blog/tpn-helps-hannah-thrive

Where Are The Top Spots In Minnesota?

CHECK OUT THE BEST BUSINESSES AND SUPPORT SYSTEMS FOR FAMILIES WITH SPECIAL NEEDS



When families with special needs are preparing for an outing, they have unique considerations to take into account before choosing a location. To help in this effort, we set out to create a resource that helps families identify the best businesses and organizations that have accessible spaces or are particularly accommodating to special needs. From there, PHS Top Spots was born.

By surveying special needs families across the state, we found the best support groups, adaptive sports organizations, entertainment venues, State Parks, and more - and now we're sharing the list with you. Each year, we will create a fresh list so families always have an up to date resource.

The 2017 Top Spots are here!

To see the list, visit:

PHSTopSpots.com



Message from Our Medical Director

MANAGING INTESTINAL FAILURE TAKES A TEAM

For individuals who require intravenous supplementation to absorb nutrients due to intestinal failure, parenteral nutrition plays a key role in helping them maintaining health and/or growth.

At PHS, a nutritional support team comprised of infusion nursing, pharmacy, and nutrition helps manage delivery of parenteral nutrition as clinicians ensure each patient's individual care plan is optimized for their personal needs.

In our continued dedication to increasing and improving the data available on the pediatric home care population, PHS contributes home parenteral nutrition outcomes on a regular basis.

Learn more about common causes of intestinal failure and how clinicians work together to improve care at:

PediatricHomeService.com/blog/maynard-parenteral-nutrition

Pediatric Home Service can serve you **24 hours a day, 365 days a year.**

Call **651-642-1825** or visit **PediatricHomeService.com**.