

## Find Us at These Events

### LOCAL LEARNING OPPORTUNITIES

- **Cystic Fibrosis Patient Education Day**  
September 9 - St. Paul, MN
- **Pediatric Palliative Care Symposium**  
September 28 - 29 - Minneapolis, MN
- **Pediatric Respiratory and Critical Care Conference**  
October 23 - Minneapolis, MN
- **LifeSource Donate Life Symposium**  
October 26 - Bloomington, MN
- **Pediatric Quality and Patient Safety Conference**  
October 26 - St. Paul, MN

## Sudoku For You

### TAKE A BRAIN BREAK!



	5		2	1		3		
7							9	
		4	6					5
6		9		4				5
	4			2		6		7
8					4	9		
	6							4
		3		8	5		6	

Sudoku provided by [www.SudokuOfTheDay.com](http://www.SudokuOfTheDay.com).



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Be sure to visit the Thrive blog at  
[PediatricHomeService.com/blog](http://PediatricHomeService.com/blog)

### INSIDE THIS ISSUE

# Absorption Issues Don't Stop Hannah

### PLUS:

Named the #2 Midsize-Top Workplace  
How Play Therapy Helped One Family,  
and Parenteral Nutrition at Home



# Thriving at Home

## TPN HELPS HANNAH LIVE LIFE AS A REGULAR TEENAGER



Cover Story

After being diagnosed with Hirschsprung's disease as a newborn, Hannah required 24 hour nursing care to manage

her complexities with frequent line infections and electrolyte imbalances.

Today, this social 16 year old is able to spend her time doing a lot of the same things her peers do - whether it's high school

football games or days out on a boat, nutrition care from PHS dietitian Maria Mahady helps Hannah's body receive the nutrients it needs.

"Between oral eating, tube feedings, and TPN, she needs many more calories than the average person because of malabsorption - and we are regularly evaluating that Hannah's needs are being met in her current care plan," said Maria.

Hannah looks forward to becoming more self-sufficient in managing her cares, and is already involved in changing her bag, taking medication, and having control of more of her medical needs overall - a testament to the capabilities and maturity of this teenager.

**Read Hannah's story at: [PediatricHomeService.com/blog/tpn-helps-hannah-thrive](http://PediatricHomeService.com/blog/tpn-helps-hannah-thrive)**



### Named #2 Midsize Workplace

#### PLUS THE MANAGEMENT AWARD

Last month, PHS was honored to learn we were ranked the #2 midsize workplace in Minnesota through the Star Tribune Top 150 Workplaces - an annual poll that surveys employees at companies across the state.

In addition to this list, the newspaper also hands out 12 special awards to companies whose employees gave especially high marks in certain areas.

PHS was given the Management Award - a reflection of the work our leaders do to help employees learn, grow, and do their job as well as possible.

**See the complete list and watch our management video at: [PediatricHomeService.com/blog/top-workplaces-2017](http://PediatricHomeService.com/blog/top-workplaces-2017)**



### A Sibling in Play Therapy

#### ONE MOM SHARES EXPERIENCE

Having a sibling who requires round-the-clock medical care can be a lot for a child to understand. This is exactly why Tracy enrolled her daughter, Sophie, in play therapy at PHS - to help give her five year old the support and tools to process the complex life her two-and-a-half year old sister, Charlotte, lived.

"We wanted to make sure Sophie had an outlet and a way to express her emotions regarding Charlotte," said Tracy. "We wanted her to know that it's okay to have these emotions, and it's okay to be sad and mad."

PHS focuses on not only the physical needs of patients, but the emotional concerns of the entire family as well - which is why mental health counseling was created. Through this service, individuals can address stressors in their lives from divorce or medical needs to loss and grief or other challenges.

**Find out how your patients can get started at: [PediatricHomeService.com/blog/play-therapy-helps-children-cope](http://PediatricHomeService.com/blog/play-therapy-helps-children-cope)**



### Message from our Medical Director

#### MANAGING INTESTINAL FAILURE TAKES A TEAM

For individuals who require intravenous supplementation to absorb nutrients due to intestinal failure, parenteral nutrition plays a key role in helping them maintaining health and/or growth.

At PHS, a nutritional support team comprised of infusion nursing, pharmacy, and nutrition helps manage delivery of parenteral nutrition as clinicians ensure each patient's individual care plan is optimized for their personal needs.

In our continued dedication to increasing and improving the data available on the pediatric home care population, PHS contributes home parenteral nutrition outcomes on a regular basis.

**Learn more about common causes of intestinal failure and how clinicians work together to improve care at: [PediatricHomeService.com/blog/maynard-parenteral-nutrition](http://PediatricHomeService.com/blog/maynard-parenteral-nutrition)**

Pediatric Home Service can serve you **24 hours a day, 365 days a year.**

Call **651-642-1825** or visit **[PediatricHomeService.com](http://PediatricHomeService.com)**.