

Managing Tube Feedings at School

Dietitian tips for a smooth process

TIPS

for parents, caregivers, and school staff

- **Meet with school staff** to ensure paperwork is filed and training is properly conducted for child's feeding and pump schedule (as appropriate), and any other details required to maintain safe care. Educate involved staff on the process & protocols.
- **Write the details of their schedule into their IEP or 504 plan**, and update as needed to ensure it's always accurate.
- If the child is fed intermittently, **try to arrange it around meal or snack time** so they can follow a similar schedule as their peers.
- If the child has continuous feedings and wears a backpack, **be aware of time limits**. Formula is safe for 4 hours at room temperature anything is added to it (including water), and 8 hours at room temperature if it is a ready to feed product. Pack food or formula with ice packs to keep it safe.
- **Keep your child's supplies clean and clearly labeled.**
- If your child eats anything orally, **provide specific information on what they can and cannot eat**, and any safety measures or risks involved in the process.

Pack a bag of extra supplies your child may need, including:

- A G-tube. An extra G-tube can be used to keep the stoma site open, even if it is a GJ-tube, until the child can receive appropriate medical attention.
- Extensions (in case a clog can't be cleared or it gets leaky)
- Feeding bags
- Clog Zapper + instructions for use

EXPLAINING YOUR CHILD'S FEEDING TUBE TO THEIR CLASSMATES

By helping your son or daughter teach their classmates about their feeding tube, you open up the opportunity to answer questions and give kids a better understanding of something they likely haven't encountered.

Arrange a time to go into your child's class and explain their feeding tube in a very simple, understandable way. ("S/he has a tube that brings food to their stomach, just like you eat to put food in your stomach. The feeding tube helps them to grow big and strong too, just like you when you eat your meals and snacks").

Looking for an activity to do with the class? We have 9 coloring sheets featuring children with various medical complexities that you can print off and bring along.



To view and download the coloring sheets, visit [PediatricHomeService.com](https://www.PediatricHomeService.com) and search keyword 'coloring'