

Find Us at These Events

LOCAL LEARNING OPPORTUNITIES

- **Nutrition Conference sponsored by Mead Johnson**
May 9 - Roseville, MN
- **Hot Topics in Pediatrics Conference & Annual Meeting**
May 11 - St. Paul, MN
- **Topics and Advances in Pediatrics**
June 7-8 - Minneapolis, MN

Sudoku For You

TAKE A BRAIN BREAK!



	5			9				
6		4				8		
		7	4					1
7				3	2			5
	3						8	
4			5	7				3
	8				6	1		
		5				4		2
				1			7	

Sudoku provided by www.SudokuOfTheDay.com.



pediatric
home service

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Roseville, MN 55113



The
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News for Our
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Be sure to visit the Thrive blog at
PediatricHomeService.com/blog

INSIDE THIS ISSUE

Helping Jordan Maintain a Smooth Path

PLUS:

Transitioning a medically complex child into adulthood,
5 takeaways from our recent Kids Thrive Conference,
and 3 common mistakes when transitioning a child



The
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News for Our
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Thriving at Home

WITH HOME CARE, NO NEED TO WORRY



Cover Story

Jordan's Duchenne muscular dystrophy diagnosis means he relies on a vent to assist with his breathing and a feeding pump to provide him with nourishment - and

when he started first working with PHS to provide this durable medical equipment, he wasn't entirely convinced it would be a smooth process.

"When I initially started with PHS I thought, oh great - another company we're going to have to jump through hoops with," said

Jordan. "But they were very efficient and caring and it was such a nice change of pace from the frustration we've had for years (with other companies)."

Today Jordan stays healthy and full of stories of adventures that he shares with his PHS respiratory therapist, Robi.

"Robi really makes me feel comfortable," Jordan added. "Even though he roots for the wrong hockey team, we have a lot of fun and he kind of keeps the chaos of disability from being my problem."

To learn more about Jordan, see his video at JordanThrives.com.



A Multifaceted Process A PARENT HELPS HER DAUGHTER TRANSITION INTO ADULTHOOD

"We were at the children's hospital she had gone to her entire life, and they told us that she would need to transition to an adult provider by age 21. Up until this point, we thought she would be able to receive care at the children's hospital until she was 26 - so suddenly, we were up against a much shorter clock than I had previously anticipated.

The process of transitioning a medically complex child into adulthood is not a straightforward task that works itself out at the right time. Quite contrary, this shift takes a good amount of planning and conversation from various individuals involved in a child's life, and you can't be too proactive in looking at different areas that will require attention and action."

Read the article Jill Wall wrote for Complex Child at: PediatricHomeService.com/blog/transitioning-medically-complex-child

Avoiding Mistakes in Adolescent Transition A GILLETTE NURSE'S INSIGHTS

Laura Kane, RN, BSN, is a nursing supervisor at Gillette Children's Specialty Healthcare and doctoral student at the University of Minnesota. As part of her program, she has been working with PHS to develop processes and tools for transitioning medically complex adolescents into adulthood.

Recently, Laura gathered what she's learned and shared the importance of increasing physician preparedness for this growing population as well as the top three mistakes she sees families making in the transition process.

Support teams and advances in equipment and medication have brought these children further than anybody thought was possible just a couple decades ago - and it's crucial to close the gap that exists in transition into adulthood.

Find out how you can help adolescent patients: PediatricHomeService.com/blog/mistakes-in-transitioning

Message from our Medical Director

TAKEAWAYS FROM THE 'GROWING UP COMPLEX' CONFERENCE PANEL

On April 29, PHS partnered with Gillette Children's Specialty Healthcare and University of Northwestern to present *Growing Up Complex: Creating a Seamless Transition from Pediatrics to Adulthood*.

Five points in the panel discussion about transitioning patients deserve more emphasis:

1. Successful transition means different things to different people
2. The earlier the transition process is started, the better the outcome
3. A smooth transition is a team effort
4. Find - and be - a strong advocate for the patient throughout the process
5. There's more to a patient than a medical record

Read Dr. Maynard's top takeaways at: PediatricHomeService.com/blog/top-conference-takeaways

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