

Find Us at These Events

UPCOMING LEARNING OPPORTUNITIES

- **Cystic Fibrosis Patient Education Day**
September 9 - Brooklyn Center, MN
- **Pediatric Respiratory and Critical Care Conference**
September 13 - Minneapolis, MN
- **Pediatric Pain and Palliative Care Coalition of MN**
September 18 - Roseville, MN (PHS office)
- **Seminars in Pediatrics**
September 26 - 27 - Madison, WI
- **Wound Ostomy and Continence Regional Fall Conference**
September 21 - 22 - Minneapolis, MN
- **MNSPEN, MN Society of Parenteral & Enteral Nutrition**
November 8 - Roseville, MN (PHS office)

Special Olympics Builds Leaders

HOW THIS ORGANIZATION MAKES A DIFFERENCE



For three days in June, over 2,300 athletes gathered in St. Paul, MN to compete for the gold in gymnastics, swimming, track & field, and basketball at the Special Olympics Minnesota Summer Games.

These fierce competitors have trained for their events all year, both individually and with teams, but they've reaped more than just the physical benefits - this organization is making leaders of their athletes.

Learn more about Special Olympics and other Top Spots winners at PHSTopSpots.com



2800 Cleveland Avenue North
Roseville, MN 55113



Be sure to visit the Thrive blog at
PediatricHomeService.com/blog

INSIDE THIS ISSUE

Support for Siblings of the Medically Complex

PLUS:

Our new patient portal coming soon,
Life after a paralyzing accident,
and our expansion news



Siblings Need Support Too

NEW GROUP BEGINS SEPTEMBER 20 AT PHS



When a child has a complex medical condition, the whole family is often affected by the major impacts that these diagnoses can have.

To offer support for the brothers and sisters of medically complex children, PHS offers a sibling support program twice a year - and the next one is starting on September 20.

In this weekly program, children ages 6-11 will meet in a comfortable group setting with peers in similar circumstances where they can process thoughts, work through feelings, and express themselves through discussion and arts and crafts.

If there are other children in the family, these siblings often feel the stress and strain of time consuming cares, frequent medical appointments, and family mobility constraints as well – but may not understand why their brother or sister is receiving this type (or amount) of attention.

If you know a family who would benefit from learning more about this program, direct them to PHSSiblingSupport.com.



Portal Helps Streamline Patient Care Information COMING SOON FOR FAMILIES

To help make the lives of our patients and their families a little simpler, PHS will soon be introducing MyPHS Portal - a new resource that gives families secure online access to patient information in one easy location. With MyPHS Portal, patients will be able to stay even more up to speed on their healthcare needs.

Features of MyPHS Portal:

- Secure messaging with PHS clinicians
- A view of the patient's entire care team
- Education materials specific to the patient available anytime
- Easy ordering for PHS supplies
- Electronic signature capabilities
- Quick link to payment system for PHS bills

Learn more about MyPHS Portal at:
PediatricHomeService.com/myphsportal



Choosing to Thrive After a Paralyzing Accident HOW ONE PATIENT ADVOCATES

When Jenni was in an accident at age 16 that resulted in paralysis from the neck down, her life took a turn that forced her to learn a new normal - but it didn't change her positive outlook.

"I've learned that you can't always manage what happens in life," writes Jenni. "Despite it you can decide what you do with your life afterwards. Incredible change occurs when you decide to take control of the power you do have instead of craving control over what you don't."

Since her accident, Jenni went on to become Ms. Wheelchair Minnesota 2011, spends time volunteering and doing motivational speaking, and recently took the time to write a guest post for the PHS Thrive Blog.

Read Jenni's article about managing her healthcare and choosing to thrive at: PediatricHomeService.com/blog/jenni-patient-story



PHS To Open An Office in Milwaukee August 6 OFFERING RT & ENTERAL TO WI

Nearly 30 years after opening a small office in St. Paul, MN, PHS is excited to announce that we're opening new doors - and new opportunities for the pediatric healthcare community - in Milwaukee, WI.

On August 6, the second branch of PHS will open for business with services including respiratory therapy & equipment, enteral nutrition, and clinical online education.

If you're in the area, be sure to come say hi as we get settled into our new space. We can't wait to get involved in a new community and help more kiddos thrive at home with their families.

Learn more about the expansion and meet our Milwaukee Thrive Squad at: PHSWisconsin.com

Pediatric Home Service can serve you **24 hours a day, 365 days a year.**

Call **651-642-1825** or visit **PediatricHomeService.com**.