

Celebrating 2018 in a Winter Wonderland

CATCH UP WITH PHS AS WE REVIEW THE JOYS OF THE YEAR IN OUR HOLIDAY VIDEO



What did the past year bring? You can find out as our staff rock their elf costumes once again and dance to a holiday classic, PHS style. A few of the holiday montage highlights:

- Being named a top workplace for the 8th year in a row
- Creating and hiring for 25 new positions
- Opening a Milwaukee branch of PHS
- Volunteering more than 400 hours to local organizations
- Bringing 50 high tech patients home
- Our Pediatric Center of Excellence designation

See the video at:

PediatricHomeService.com/blog/2018-holiday



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Be sure to visit the Thrive blog at PediatricHomeService.com/blog



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PLUS:
Our annual holiday video is here, a new partner for PHS in 2019, and a chance to meet PHS patient Joey



Mental Health Minute: Coping With Grief

NEW SERIES ADDRESSES CONCERNS OF PARENTS



It is crucial for parents and caregivers of children with medical complexities to take the time to care for their mental health.

With our new series Mental Health Minute, PHS clinical social worker, Monica Oberg, will answer questions we've received from parents and caregivers about navigating the stresses and concerns that come with this journey, from grief and balance to the isolation many parents experience.

To kick off the series, we'll be hosting a Facebook Live discussion with Monica at **12:30 on Thursday, December 20** as we discuss managing grief during the holidays, which can be a particularly difficult time for individuals dealing with medical concerns. We hope you can tune in!

In the meantime, you can read Monica's answer to this question:

"I'm having a hard time dealing with the grief of having a child with medical complexities. How do you recommend people cope with the trauma that comes with this life? I don't know how to care for myself, my family, or my medically complex child's mental health needs."

Read her response at: [PediatricHomeService.com/blog/coping-with-grief/](https://www.pediatrichomeservice.com/blog/coping-with-grief/)



Joey's Family Celebrates PHS Expansion Into WI COMPREHENSIVE CARE HELPS THIS FIGHTER

When Melissa was 22 weeks pregnant and learned Joey had prune belly syndrome (a genetic defect that impacts the gastrointestinal system), doctors gave her a grim prognosis for his life expectancy.

Now 12 years old, Joey has surpassed expectations and is a happy boy who just keeps fighting.

"I always say that his greatest accomplishment is that he's still alive – because I can't even count on both hands how many times someone has given him a poor prognosis," says Melissa. "And yet, he continues to defy the odds and remain the happiest kid there is. For him, it's always been the quality of life."

Learn more about Joey at:
[PediatricHomeService.com/blog/joey](https://www.pediatrichomeservice.com/blog/joey)

A New Partner in 2019 BRINGING OPPORTUNITIES TO SERVE MORE FAMILIES

PHS is focused on providing the very best care for kids with medical complexities in their homes and communities. We have an opportunity to help more families experience the PHS way by replicating our model in expanded locations.

To accomplish this growth, we have brought in a partner, InTandem Capital Partners, who supports our mission and has resources that will allow us to expand further.

The care you receive will not change as a result of this new partnership. Everyone at PHS is as committed as ever to providing the highest quality clinical care and customer service for our patients. We'll keep you up to date with any exciting announcements as plans are made.

Please don't hesitate to reach out to PHS with any questions by calling 651-642-1825 and asking to speak with any member of management.

Holiday Travel Tips for Your Family EASY TRAVEL WITH EQUIPMENT

Are you heading out of town, out of state, or just down the street for the holidays? No matter the distance, traveling with a child who has complex medical needs and durable medical equipment takes extra planning and preparation.

Thankfully, PHS respiratory therapist Steve Erickson and infusion nurse educator Jill Wall (who is also the mother of a daughter with medical complexities) shared some of their tips for easy travel with medical equipment and supplies.

Tune into their video to learn more about:

- Resources PHS has available
- Shipping supplies within the US
- Easy medication and supply organization, and much more.

Get your travel tips at:
[PediatricHomeService.com/blog/traveling-medically-complex-child](https://www.pediatrichomeservice.com/blog/traveling-medically-complex-child)

Pediatric Home Service can serve you **24 hours a day, 365 days a year.**
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