

Celebrating 2018 in a Winter Wonderland

CATCH UP WITH PHS AS WE REVIEW ALL THE JOYS OF THIS YEAR IN OUR HOLIDAY VIDEO



What did the past year bring? You can find out as our staff rock their elf costumes once again and dance to a holiday classic, PHS style. A few of the holiday montage highlights:

- Being named a top workplace for the 8th year in a row
- Creating and hiring for 25 new positions
- Opening a Milwaukee branch of PHS
- Volunteering more than 400 hours to local organizations
- Bringing 50 high tech patients home
- Our Pediatric Center of Excellence designation

See the video at:

PediatricHomeService.com/blog/2018-holiday



2800 Cleveland Avenue North
Roseville, MN 55113



Be sure to visit the Thrive blog at
PediatricHomeService.com/blog

INSIDE THIS ISSUE

Mental Health Minute: Coping with Grief

PLUS:

Our annual holiday video, discharge delay study published in AAP, and a space for your meeting needs



Mental Health Minute: Managing Grief

NEW SERIES ADDRESSES CONCERNS OF PARENTS



It is crucial for parents and caregivers of children with medical complexities to take the time to care for their mental health.

With our new series Mental Health Minute, PHS clinical social worker Monica Oberg will answer questions we've received from parents and caregivers about navigating the stresses and concerns that come with this journey, from grief and balance to the isolation many parents experience.

To kick off the series, we'll be hosting a Facebook Live discussion with Monica at **12:30 on Thursday, December 20** as we discuss managing grief during the holidays, which can be a particularly difficult time for individuals dealing with medical concerns - please share with parents who could benefit.

In the meantime, you can read Monica's answer to this question:

"I'm having a hard time dealing with the grief of having a child with medical complexities. How do you recommend people cope with the trauma that comes with this life? I don't know how to care for myself, my family, or my medically complex child's mental health needs."

Read her response at: [PediatricHomeService.com/blog/coping-with-grief/](https://www.pediatrichomeservice.com/blog/coping-with-grief/)



Need a Space for an Event or Meeting?

WE HAVE THE LOCATION FOR YOU

We recently expanded the office space at our Roseville location to make room for our growing staff and company needs.

One of the features in our expansion is a large conference room that we designed specifically with our colleagues in mind - a space where we can host:

- Learning opportunities for staff
- Meetings with healthcare organizations
- Outside events for our partners

If you have an event or meeting coming up and are looking for a location to hold it, we are more than happy to help facilitate the use of our conference room, which can hold up to 200 people and can be arranged lecture style, or with tables.

Interested? Email Tamara or Siri: taschafer@pediatrichomeservice.com or skpeter@pediatrichomeservice.com



With PHS, Life Is Easier for Joey's Family

A WISCONSIN PATIENT'S JOURNEY

When Melissa was 22 weeks pregnant and learned Joey had prune belly syndrome (a genetic defect that impacts the gastrointestinal system), doctors gave her a grim prognosis for his life expectancy.

Now 12 years old, Joey has surpassed expectations and is a happy boy who just keeps fighting.

"I always say that his greatest accomplishment is that he's still alive - because I can't even count on both hands how many times someone has given him a poor prognosis," says Melissa. "And yet, he continues to defy the odds and remain the happiest kid there is. For him, it's always been the quality of life."

Learn more about Joey and why they made the move to PHS for respiratory therapy & equipment at: [PediatricHomeService.com/blog/joey](https://www.pediatrichomeservice.com/blog/joey)



Discharge Delays for the Technology-Dependent STUDY FOLLOWS PATIENTS

The Journal of the American Academy of Pediatrics recently published a 12-month study conducted by a team of healthcare professionals in Minnesota that focused on the delays in discharge due to a lack of home care nursing availability.

PHS Medical Director Roy Maynard, MD, along with eight other providers from area hospitals and universities, followed both new and existing patients who were discharging to home care nursing, and categorized their causes, delayed discharge days, and unplanned 90-day readmissions.

Lack of home care nursing was the most frequent cause of delayed discharge, accounting for an average length of hospitalization of 53.9 days and 35.7 days for new and existing patients, respectively.

Read the study at: [PediatricHomeService.com/news/discharge-delays](https://www.pediatrichomeservice.com/news/discharge-delays)

Pediatric Home Service can serve you **24 hours a day, 365 days a year.**

Call **651-642-1825** or visit **[PediatricHomeService.com](https://www.pediatrichomeservice.com)**.