

Schedule for Cleaning and Replacing Home Medical Supplies

Use this handout to know when and how to clean and replace your child's home medical supplies.

NOTE! * = You have a choice whether or not to disinfect the supply.

Also:

- Read and follow "Preventing Infection" section of PHS Handbook for specific cleaning instructions.
- Read *PHS Common Methods for Disinfecting Reusable Supplies* card for disinfecting methods.
- Replace any supply item that is cracked, is ripped or torn, or that does not come clean after washing.

Airway Pressure Monitor

| Supply Item | What To Do | When |
|----------------------|-------------------------------------|-----------------------------|
| Blue Filter | Replace | When dirty or wet on inside |
| Pressure Line Tubing | Wipe outside with clean, damp cloth | Every week |
| | Replace | When dirty or wet on inside |

Apnea Monitor

| Supply Item | What To Do | When |
|-------------------------|---|------------------------------|
| Belt | Wash with warm soapy water, rinse, air dry completely | When dirty |
| Black Carbon Electrodes | Wipe with clean, damp cloth | Every day |
| Pin Lead Wires | Wipe with clean, damp cloth | Every day |
| Pre-Gelled Electrodes | Replace | When no longer stick to skin |

Bi-Level or CPAP

| Supply Item | What To Do | When |
|---|---|--|
| Blue Pollen Filter (Dreamstation) | Rinse with warm running water, air dry completely | Every two weeks |
| Light Blue Ultra Fine Filter (Dreamstation) | Replace | One month from last replacement OR when dirty |
| Foam Filter (System One or PR1) | Wash with warm soapy water, rinse, air dry completely | Every week |
| Mask and Headgear | Wipe with clean, damp cloth | Every day |
| | Wash with warm soapy water, rinse, air dry completely | Every week |
| Oxygen Adapter (Blue) | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every week |
| Oxygen Tubing | Wipe outside with clean, damp cloth | Every week |
| | Replace | One month from last replacement OR when dirty or wet on inside |

Bi-Level or CPAP Continued on Next Page →

Bi-Level or CPAP (continued)

| Supply Item | What To Do | When |
|--------------------------|---|------------|
| Pressure Valve | Wash with warm soapy water, rinse, air dry completely | Every week |
| Tubing: Bi-Level or CPAP | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every week |
| Water Chamber | Empty water and air dry completely | Every day |
| | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every week |

CoughAssist

| Supply Item | What To Do | When |
|------------------------------|---|--|
| Filter: Bacteria | Replace | One month from last replacement OR when dirty or wet on inside |
| Filter: Black | Wash with warm soapy water, rinse, air dry completely | Every week |
| Mask | Wipe with clean, damp cloth | Every day |
| | Wash with warm soapy water, rinse, air dry completely | Every week OR when dirty on inside |
| Trach Adapter with Extension | Wash with warm soapy water, disinfect, rinse, air dry completely | Every day |
| Tubing Circuit | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every week OR when dirty on inside |
| White Adapter | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every week OR when dirty on inside |

EtCO2 Monitoring

| Supply Item | What To Do | When |
|---|--|---|
| FilterLine Assembly: Trach Tube or Nasal Cannula (Oridion Microcap EtCO2 Monitor) | Wipe with alcohol wipe | After each use |
| | Replace | If tubing is wet on inside OR adapter does not come clean after wiping OR you are unable to get EtCO2 reading |
| Patient Adapter (Tidal Wave EtCO2 Monitor) | Wash with warm soapy water, disinfect, rinse, air dry completely | After each use |
| | Replace | If window is cloudy, scratched, cracked OR you are unable to get EtCO2 reading |

Food Pump

| Supply Item | What To Do | When |
|--|---|---|
| Farrell Valve Bag | Replace | Every day |
| Feeding Bag | Rinse with hot water, rinse with cold water, store in refrigerator | Between feedings |
| | Replace | When not clean after rinsing |
| Feeding Tube Extension | Rinse with hot water, rinse with cold water, store in refrigerator | Between feedings |
| | Wash with warm soapy water, rinse, air dry completely | Every day |
| | Replace | When not clean after washing |
| Med Straw and Fill Cap Coupler (purple disc) | Only use one med straw or disc per medication | When not washing after each use |
| | Place in a container with warm soapy water to soak until ready to wash. When washing, use warm soapy water and rinse clean. Air dry completely. | After each use when using a med straw or disc for more than one medication or daily when using for only one medication. |
| | Replace | When not clean after washing |
| Syringe | Wash with warm soapy water, rinse, air dry completely | After each use |
| | Replace | When not clean after washing |

Heat & Humidity System

| Supply Item | What To Do | When |
|---------------------------|--|--|
| Adapters, Drain Cup | Wash with warm soapy water, disinfect, rinse, air dry completely | Every month with circuit change |
| Filter—Air Intake | Wash with warm soapy water, rinse, air dry completely | Every week |
| Flow Restricting Adapters | Wipe with alcohol wipe | Every month with circuit change |
| | Replace | When not clean after wiping |
| Heater Wire / Pigtail | Wipe outside with clean, damp cloth | Every month with circuit change |
| Oxygen Tubing | Wipe outside with clean, damp cloth | Every week |
| | Replace | One month from last replacement OR when dirty or wet on inside |
| Patient Tubing Circuit | Replace | Every month OR when dirty on inside OR not working |
| Pressure Valve | Wash with warm soapy water, rinse, air dry completely | Every month with circuit change |
| Temp Probe | Wipe with alcohol wipe | Every month with circuit change |

Heat & Humidity System Continued on Next Page →

Heat & Humidity System (continued)

| Supply Item | What To Do | When |
|--|---|---|
| Trach Dome | Wash with warm soapy water, disinfect, rinse, air dry completely | Every day |
| Tubing Circuit—2 foot (disposable) | Replace | Every month with circuit change |
| Tubing Circuit—2 foot (non-disposable) | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every month OR when dirty on inside |
| Water Chamber | Replace | Every month with circuit change OR when dirty on inside |

High / Low Flow Heated Humidified Air and Oxygen System

| Supply Item | What To Do | When |
|-----------------------|--|--|
| Adapters, Drain Cup | Wash with warm soapy water, disinfect, rinse, air dry completely | Every month with circuit change |
| Blue Filter | Replace | Every month with circuit change OR when wet on inside |
| Circuit: High Flow | Replace | Every month OR when dirty on inside OR not working |
| Circuit Kit: Low Flow | Replace | Every month OR when dirty on inside OR not working |
| Filter: Compressor | Wash with warm soapy water, rinse, air dry completely | Every week |
| Heater Wire / Pigtail | Wipe outside with clean, damp cloth | Every month with circuit change |
| Nasal Cannula | Wipe prongs with clean, damp cloth | Every day |
| | Replace | One week from last replacement OR when dirty or wet on inside |
| Oxygen Tubing | Wipe outside with clean, damp cloth | Every week |
| | Replace | One month from last replacement OR when dirty or wet on inside |
| Pressure Line Tubing | Wipe outside with clean, damp cloth | Every week |
| | Replace | When dirty or wet on inside |
| Temp Probe | Wipe with alcohol wipe | Every month with circuit change |
| Water Chamber | Replace | Every month with circuit change OR when dirty on inside |

Neb

| Supply Item | What To Do | When |
|-------------|------------|------------|
| Filter | Replace | When dirty |

Neb Continued on Next Page →

Neb (continued)

| Supply Item | What To Do | When |
|--|--|---|
| Neb Cup | Wash with warm soapy water, disinfect*, rinse, air dry completely | After every neb treatment |
| | Replace | If cracked OR does not come clean after washing OR as frequently as your child's doctor orders |
| Neb Mask, Mouthpiece, Tee Adapter, Corrugated Tubing | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every day |
| | Replace | If cracked OR does not come clean after washing OR as frequently as your child's doctor orders |
| Neb Tubing | Wipe outside with clean, damp cloth | Every week |
| | Replace | If cracked OR dirty on inside OR as frequently as your child's doctor orders |

Oxygen

| Supply Item | What To Do | When |
|---------------------------------------|--|---|
| Bubbler | Wash with warm soapy water, disinfect*, rinse | Every day |
| Filter: Air Intake, Foam or Sponge | Wash with warm soapy water, rinse, air dry completely | Every week |
| Filter: HEPA | Replace | When dirty |
| Nasal Cannula | Wipe prongs with clean, damp cloth | Every day |
| | Replace | One week from last replacement OR when dirty on inside |
| Oxygen Mask | Wipe with clean, damp cloth | Every day |
| | Replace | One month from last replacement |
| Oxygen Tubing | Wipe outside with clean, damp cloth | Every week |
| | Replace | One month from last replacement OR when dirty or wet on inside |
| Oxygen Tubing Adapter | Wash with warm soapy water, rinse, air dry completely | Every month |

Suction

| Supply Item | What To Do | When |
|-------------------------------|---|---|
| Canister | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every day |
| DeLee Manual Suction Catheter | Replace | After use |
| Elbow Adapter | Wash with warm soapy water, disinfect*, rinse, air dry completely | When dirty |
| Filter | Replace | Every month OR when dirty or wet on inside |
| Reusable Suction Device | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every 4 hours |
| | Replace | If cracked OR does not come clean after washing |
| Suction Catheter | Replace | According to PHS Education |
| Suction Tubing | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every day |
| | Replace | If cracked OR does not come clean after washing |
| Silicone Tubing | Wash with warm soapy water, rinse, air dry completely | When dirty |
| | Replace | If cracked OR does not come clean after washing |

Vent

| Supply Item | What To Do | When |
|--|---|--|
| Adapters, Drain Cup | Wash with warm soapy water, disinfect, rinse, air dry completely | Every month with circuit change |
| Circuit, Patient Tubing Circuit (disposable) | Replace | Every month OR when dirty on inside OR not working |
| Circuit, Patient Tubing Circuit (non-disposable) | Wash with warm soapy water, disinfect*, rinse, air dry completely | Every month OR when dirty on inside |
| Filter: Bacteria | Replace | One month from last replacement OR when dirty or wet on inside |
| Filter: Foam or Sponge | Wash with warm soapy water, rinse, air dry completely | Every week |
| Heater Wire / Pigtail | Wipe outside with clean, damp cloth | Every month with circuit change |

Vent Continued on Next Page →

Vent (continued)

| Supply Item | What To Do | When |
|---|--|--|
| Pink Cap | Wash with warm soapy water, disinfect, rinse, air dry completely | Every month with circuit change |
| Temp Probe | Wipe with alcohol wipe | Every month with circuit change |
| Temp Probe Port | Wash with warm soapy water, disinfect, rinse, air dry completely | Every month with circuit change |
| Trach Adapter | Wash with warm soapy water, disinfect, rinse, air dry completely | Every day |
| Trach Nose (HME) | Replace | Every day OR when dirty on inside |
| Blue Tubing, Tubing Circuit—2 foot (disposable) | Replace | Every month with circuit change OR when dirty on inside |
| Whisper Swivel | Wash with warm soapy water, disinfect, rinse, air dry completely | Every day when giving TOBI, Pulmozyme, or Hypertonic saline neb treatments |
| | Wash with warm soapy water, disinfect, rinse, air dry completely | Every month with circuit change OR when dirty on inside OR not working |