

# Travel Checklist

Complete and take the following information with you when you travel with your child.

## Page 1

Emergency Information

## Page 2

- Air Travel
- Supplies

## Page 3-4

Equipment

## Page 5

Medicine

## Emergency Information

**This information needs to be quickly available in case your child has a medical emergency.**

1. **A copy of the Doctor's Plan of Treatment for your child.** Ask your child's doctor for a copy if you do not have one.
2. **Statement of Medical Necessity (SMN) or Certificate of Medical Necessity (CMN) signed by your child's doctor.** Ask your PHS clinician for a copy.
3. **Your Child's Doctor(s)**

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

4. **Local Medical Resources in Area You Are Visiting**

### Nearest Hospital

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

### Provider of Home Medical Equipment for Children

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

### Provider of Oxygen

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

### Pharmacy (consider finding a 24-hour pharmacy)

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

## Air Travel

- 1. Call the airline** about your child's medical support needs *before* you buy a plane ticket.
  - Identify the type of equipment your child needs to use during the flight.
  - Describe emergency back-up equipment or supplies you must have in the plane's cabin.
  - Ask if airline provides oxygen tanks. Identify how much oxygen your child needs for the flight and possible flight delays. You must pay the airline for use of these oxygen tanks.
- 2. Know the airline's rules.**

Each airline has separate rules about medical support equipment and supplies. For example, the airline may require that:

  - You have a signed doctor's order to use medical equipment or supplies during a flight.
  - Your child's doctor sign the airline's own Physician Statement.
  - Your child's equipment and supplies meet size and space requirements.
  - You provide manufacturer manuals to assure the airline that equipment is safe to use during flight. Contact PHS if you cannot find a manufacturer manual.
  - You use only a portable oxygen concentrator for oxygen therapy on the plane and that you have additional batteries available.
  - All prescription medicine must be in the original container with pharmacy label attached.
  - Wheelchairs remain at the gate and are loaded into cargo storage area of airplane.
- 3. Call TSA Cares** 72 hours before traveling for information on what to expect at the security checkpoint (1-855-787-2227). You can request that a TSA support person meet you at the airport to help with the screening process.
- 4. Know where to find electrical outlets.**

Contact your departure and arrival terminals to find out the location of electric outlets for your child's equipment.

## Supplies

**Use your child's supply list or form** to identify supplies your child **MUST** have during your travels.

**IMPORTANT!** Include in the baggage you keep with you the medicine, supplements, formula and supplies your child uses in a 24 hour period.

### Shipping Supplies

1. Pack and bring needed supplies with you OR
2. Ship supplies yourself to where you will be staying.

## Equipment

**We strongly recommend that you have back-up equipment available where you will be staying.**

1. Pack and bring back-up equipment with you OR
2. Ship back-up equipment yourself OR
3. Before leaving home, contact medical supply companies at your destination to be sure they can provide equipment you need.
  - Ask if the company serves children. Most home care and medical equipment companies serve only adults.
  - Contact a local hospital at your destination for names of medical supply companies if you cannot find them.
  - You are responsible for paying for equipment or supplies you rent or purchase in the area you are visiting. PHS can NOT bill your child's insurance for equipment or supplies you receive from another medical supply company.

**Use this checklist for what you must carry with you or arrange to be available at your travel destination.**

**NOTE!** Use your child's supply list or form to identify supplies you MUST have for the equipment listed below.

### Apnea Monitor

- ☐ Apnea monitor, patient cable, and AC power cord
- ☐ Back-up apnea monitor, patient cable, and AC power cord

### CO2 Monitor (Capnograph)

- ☐ CO2 monitor
- ☐ Back-up CO2 monitor

### CoughAssist

- ☐ CoughAssist machine
- ☐ Back-up CoughAssist machine

### Emergency Supplies

- ☐ Emergency bag (fully stocked)
- ☐ Resuscitation bag and mask

### Feeding Equipment

- ☐ Food pump and AC power cord
- ☐ Back-up food pump and AC power cord
- ☐ Gravity feeding bags
- ☐ Back-up feeding tube

### Fisher & Paykel Humidifier

- ☐ Humidifier
- ☐ Back-up humidifier
- ☐ 2 Temp probes
- ☐ 2 Pigtails

### IV Equipment

- ☐ IV pump
- ☐ Back-up IV pump
- ☐ Emergency kit

### Neb (Nebulizer)

- ☐ Neb machine
- ☐ Back-up neb machine

## Equipment [continued]

### Oximeter

- ☐ Oximeter
- ☐ Back-up oximeter

### Oxygen

- ☐ Oxygen tanks (not allowed on airplanes)
- ☐ Oxygen regulators, wrench, washers, carrying bag or cart
- ☐ Oxygen concentrator
- ☐ Portable oxygen concentrator and batteries (if traveling by airplane)

**NOTE!** You must pay for oxygen tanks and oxygen supplies you rent or purchase in the area you visit. PHS CANNOT bill your child's insurance for equipment or supplies you receive from another medical supply company.

### Percussor

- ☐ Percussor
- ☐ Palm cups

### Suction

- ☐ Portable suction machine with AC power cord and DC power cord
- ☐ Stationary suction machine
- ☐ DeLee suction catheters

### Ventilator/CPAP/BiLevel/Compressor

- ☐ Machine and AC power cord
- ☐ Back-up machine and AC power cord
- ☐ DC power cord and battery adapter cable
- ☐ External batteries
- ☐ Battery charger
- ☐ Test lung

### Vest

- ☐ Vest machine and vest
- ☐ Back-up percussor or palm cups

### Other

- ☐ Airway pressure monitor
- ☐ Batteries (AA, 9 Volt)
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Medicine

### Carry a list of ALL medicine and supplements your child takes.

You need this in case your child goes to the emergency room or hospital, or in case you or the airline lose the medicine or supplements. Include for each medicine or supplement

- the name
- the dose
- how often to give the medicine or supplement

**Use this checklist** to help you remember the medicine, supplements and supplies to bring with you. **NOTE!** your child may need medicines not included on this checklist.

**IMPORTANT!** Include in the baggage you keep with you the medicine, supplements, formula and supplies your child uses in a 24 hour period.

#### Bladder and Bowel Flushes

☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_

#### By Mouth (Oral)

☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_

#### Emergency Drugs (Example: EpiPen, Diastat)

☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_

#### Feeding Tube (Enteral)

☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_

#### IV (Intravenous)

☐ IV Flushes (Saline, Heparin, etc.)  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_

#### Neb (Nebulizer)

☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_

#### Skin (Topical)

☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_

#### Supplies

☐ Syringes and Caps  
☐ Q-Tips  
☐ Med Cups  
☐ Dressings (bandages and tape)  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_  
☐ \_\_\_\_\_